



Welcome,

Let us introduce our wellness programme.

At Tomo Safari lodge, we draw inspiration from nature, a symbol of renewal, vitality, and balance. Our spa treatments are designed to rejuvenate your body, rebalance your energy, and offer a mindful experience. Our products are natural and use essential oils for their therapeutic effect, and many ingredients are found in nature's pharmacy right here on our doorstep.

We are committed to your wellbeing.

BODY

DESTRESS MASSAGE

Targeting areas that carry stress in the body combined with shea balms infused with healing African potato and essential oils to calm the mind. This treatment starts with a deep tissue back massage, and sensory scalp and foot massage

60 min / R1550

BESPOKE INTUITIVE MASSAGE

Choose your depth of pressure and your choice of a relaxing or detox aromatherapy oil. These are warmly applied working on tight muscles and lymph drainage, combatting tension in stiff and aching bodies.

30 min back only - R800 / 60 min full body - R1550 / 90 min full body - R2250

BALANCING SCALP AND FOOT MASSAGE

A balancing massage treatment helping to relax, relieve tension in the scalp, legs and feet as well as working on calming and relaxing pressure points to help restore energy balance. This treatment works on the head, legs (including wrap) and feet individually, but as a whole helps to relax and relieve tension in areas that are often neglected.

45 min - R1250

SOUL OF AFRICA

Using Marula oil blended to soften signs of ageing through its anti-stress action. This treatment starts with the application of warm, soothing detoxifying mud to release negativity stored in the muscles and includes a scalp massage.

90 min - R2540

BASALT ROCK MASSAGE

While providing additional deep tissue pressure, the heated stones infuse muscles with warmth while breaking up knots of tension. Our chosen massage medium is Relaxing oil with a beautiful blend of essential oils to help ease tension and create a complete state of relaxation.

30 min back only - R1010 / 60 min full body - R1670 / 90 min full body - R2390

BODY WRAP / EXFOLIATION

Full body exfoliation with the warm wrap applied on top. A foot or scalp massage is included to aid relaxation. After the wrap is showered off, a conditioning body oil is applied.

75 min - R1990

BODY EXFOLIATION

Our hydrating body scrub is used with a manual technique to remove dead skin cells and prepare the skin for further hydration, leaving you silky smooth.

45 min - R870

FACE

AFRICAN RETREAT FACIAL

Our de-stressing, anti-ageing, cell-renewal facial is rich in natural oils. The back is scrubbed before a back massage using a hydrating balm. Followed by a deeply hydrating facial that restores elasticity and stimulates new cell growth.

90 min / R2450

AFRICOLOGY BESPOKE FACIAL

Our Bespoke facial is designed using a variety of serums that are skilfully selected and blended for particular skin issues and your individual needs.

60 min / R1580

EXPRESS CLEANSE

Deep cleansing facial to remove the dust of nature, using a drawing clay and exfoliation to loosen impurities, leaving you clean and refined.

45 min / R1010

CUSTOMISE

Add on to any facial or massage

Hand Massage / Foot Massage / Scalp Massage

15 min / R420